



COFFEE, TEA, etc

COFFEE
hot 12 oz \$3.25 | 16 oz \$3.75
iced 12 oz \$3.50 | 16 oz \$4

TEA
hot 12 oz \$3
iced 12 oz \$3.25 | 16 oz \$3.50

LATTE
hot 12 oz \$4.50 | 16 oz \$5
iced 12 oz \$4.75 | 16 oz \$5.25
add flavored syrup + \$.75

CAPPUCCINO
hot 12 oz \$4.50

AMERICANO
hot 12 oz \$4 | iced 12 oz \$4.25

ESPRESSO
1.5 oz \$3

CHAI LATTE
Hot 12 oz \$5 | 16 oz \$5.50
Iced 12 oz \$5.25 | 16 oz \$5.75

MATCHA LATTE
Hot 12 oz \$5 | 16 oz \$5.50
Iced 12 oz \$5.25 | 16 oz \$5.75

ADDITIONAL SHOT
1.5 oz \$1.50

TOAST & BAGELS *Gluten-free bread available + \$1*

AVOCADO \$9
Sourdough, avocado mash, microgreens,
pickled red onion

CARPINETO \$9
Sourdough, melted mozzarella pearls, tomato, fresh
basil, balsamic glaze

BUILD YOUR OWN \$3+
Choose from: sourdough or gluten-free bread (+ \$1); or
plain, cinnamon raisin, or everything bagel; with butter
(\$0.50), cream cheese (\$1), garlic hummus (\$1.50),
peanut butter (\$1), avocado mash (\$2), sprouts (\$1.50),
pickled red onion (\$1.50), tomato (\$1.50)

SMOOTHIES *add Orgain protein powder + \$1.50*

BERRY BLISS 12 oz \$6 | 24 oz \$9
Blueberry, raspberry, strawberry, lime, chia seeds,
coconut water

CHERRY OATMEAL COOKIE 12 oz \$6 | 24 oz \$9
Cherry, banana, almond butter, cacao powder, oat milk

ISLAND 12 oz \$6 | 24 oz \$9
Banana, mango, pineapple, spinach, chia seeds, orange
juice, honey

MEAN GREEN 12 oz \$6 | 24 oz \$9
Spinach, apple, banana, honey, flax, almond milk

ACAI BOWLS *blended with banana & cherry*

POWER BOWL \$13.75
Orgain vanilla protein powder, banana, almond
butter, flax, gluten-free granola, NY state honey

BUILD YOUR OWN \$12.75
Choose from: strawberries, raspberries, blueberries,
banana, coconut flakes, chia seeds, flax, gluten-free
granola, NY state honey, sliced almonds, chocolate
or vanilla protein powder (+ \$1.50)

EGGS

VEGGIE PLATE \$7.50
Mini spinach egg white frittatas (2) with buttered
sourdough slice and greens

BACON & CHEESE PLATE \$8.50
Mini bacon and gruyere cheese frittatas (2)
with buttered sourdough slice and greens

QUICHE OF THE DAY \$8.50

GRAB N' GO

PANINIS
Choose from: buffalo chicken, pesto chicken,
chicken parm (\$13.50), stuffed veggie (\$12)

QUINOA BOWLS \$9
Choose from: quinoa & hummus, sesame, cabbage
& quinoa

WRAPS
Choose from: pesto chicken, buffalo chicken,
chicken caesar (\$10.50), veggies & cheese (\$9)

SALADS \$8.50
Choose from: seasonal, arugula beet

SOUP 12 oz \$5 | 16 oz \$7
Rotating vegetarian options available seasonally

We carry an always-fresh selection of baked goods like croissants, muffins, coffee cake, and more from Adam's Corner Cafe. Packaged cookies from Via's Cookies (both glutenous and non), as well as Hal's chips, Clif bars, Kind bars, and Mezcla bars are also available. See our grab n' go cooler for yogurt, cottage cheese cups, and a wide variety of bottled beverages such as iced tea, kombucha, sparkling water, flavored San Pellegrino, and more!

